



Clinical Training within NHS Greater Glasgow & Clyde



Welcome to clinical training in NHS Greater Glasgow & Clyde. We hope the following information is useful in helping you consider whether you'd like to complete your training with our clinical psychology services.

Working and living in and around Glasgow

Glasgow is Scotland's largest city and the third largest in the UK, with over 1.5 million inhabitants. Glasgow is a thriving cosmopolitan and commercial centre as well as offering a wide range of cultural and leisure attractions. The city and surrounding towns, house many wonderful municipal art galleries and museums, first class sports and leisure facilities; excellent theatres; an array of restaurants, pubs and clubs; and beautiful parks. Glasgow combines the energy and sophistication of a great international city with some of Scotland's most spectacular scenery. The city enjoys a reputation of being friendly and open-minded, with several Universities and colleges. Countryside and coastal views are within easy reach and Scotland's capital city of Edinburgh is only 42 miles away. Transport links are excellent, both internal to the area and to the wider U.K.

About NHS Greater Glasgow & Clyde

NHSGG&C is the largest organisation of its kind in Scotland and one of the largest in the U.K., providing healthcare for a population of over 1.3 million, within the health board area and employing over 43,000 staff.

Psychology Services

With over 300 staff working within the service, NHS Greater Glasgow & Clyde contains the largest psychology workforce in Scotland working across all areas of the lifespan: from neonates to older people and at all levels of complexity: from primary care settings to national specialist services. NHS GG&C therefore offers many opportunities for working closely with other clinical psychologists and in a wide variety of multidisciplinary teams. There are strong links between services with a range of formal and informal networks enabling excellent relationships between psychologists throughout the area.

The University Of Glasgow D.Clin.Psy programme team are based within the Clarice Pears Building in the west end of Glasgow and there are close working links between clinical staff and the programme team. Contributors and Lecturers for the course are often Glasgow/Clyde-based NHS Psychologists. Trainees will be selected for NHS Greater Glasgow and Clyde as a single health board. All NHS Greater Glasgow and Clyde doctoral trainees are line managed by senior Psychologists within the board, with the Local NHS Tutors organising clinical placements and providing support for trainees and supervisors alongside the University staff.

Areas/Specialities

Opportunities exist to discover a range of models in 3rd year placements, with several Clinical Psychologists trained in treatment modalities such as Compassion Focussed Mindfulness-based approaches, psychotherapeutic approaches and Acceptance and Commitment Therapy, to name a few. Core second year placements in Child and Learning Disability services provide opportunities for systemic approaches and multi-disciplinary working.

The size and range of services within NHS Greater Glasgow & Clyde means there is considerable opportunity to gain experience across a variety of clinical settings and once qualified, there is likely to be a wide variety of job opportunities with flexibility in how posts are configured. A brief summary of services are as follows:

Adult Services

Each area of Glasgow is served by Primary Care Mental Health and Community Mental Health teams for generic adult mental health services. Psychological therapies are provided through psychology staffing via multi-disciplinary working and direct therapy, using a range of models. Addictions teams work with clients experiencing difficulties with drugs and alcohol and mental health difficulties. Psychologists also work within inpatient services and a range of specialist services, such as our psychological trauma service, eating disorder services and an early intervention for psychosis service.

Specialist Child & Adolescent Services

In addition to the many CAMHS and paediatric services; several specialist services exist. These include Tier 4 services such as Forensic CAMHS, LD-CAMHS, a complex trauma pathway, and inpatient services. There are also several dedicated clinical health teams and liaison work in acute services for children, as well as a specialist paediatric neuro team. There is significant systemic working and consultative opportunities as well as direct therapeutic work.

Clinical Health and Neuropsychology

Glasgow has several large and thriving psychology services in the fields of clinical health and neuropsychology, which sit in the 'Acute' sector of NHS GGC.

Clinical health psychology services are delivered within the following areas: Weight Management; Renal Transplant; Chronic pain; Pulmonary Rehabilitation; Bone Marrow Transplant; Gender Service; Cardiac Rehab; Plastics and Burns; Orthognathic; Stroke and Oncology and Complex Mesh. All of these services provide opportunity for delivering therapy across a number of models, multidisciplinary working with medical, nursing and AHP colleagues and consultation work.

Clinical Neuropsychology is a Regional service providing assessment, treatment and/or

rehabilitation of cognitive, emotional, behavioural and psychosocial difficulties associated with disorders of the central nervous system. The service provides highly specialist psychological care for a range of services including major trauma, epilepsy, neuro rehabilitation, spinal injuries, prosthetics, neurology and neurosurgery.

Forensic

Forensic services include forensic mental health services and prison mental health services. Forensic mental health services also sit in the 'Acute' sector of NHS GGC whereas Prison Healthcare services are delivered by Glasgow City Health and Social Care Partnership. Clinical psychologists working in Prison Healthcare provide mental health services to the four prisons located in the NHS GGC Board area.

Clinical psychologists working in forensic mental services work with individuals who present a risk of harm to others and who also have mental health difficulties. There are community forensic services, delivered by forensic community teams, as well as inpatient services for those who need secure hospital admission.

Older People's Services

Older people in NHS GG&C have access to a variety of services offering psychological assessments (including dementia assessments) and psychological therapies. Therapeutic Interventions are carried out directly with patients, or indirectly via carers or other staff. All areas of NHS GG&C have Older People's Community Mental Health Teams (OP-CMHTs) where Psychologists and Psychological Therapists are embedded within the multi-disciplinary teams. NHS GG&C specialist services include the Young Onset Dementia Service and the Older People's In-Patient Psychology Service (for Older People's Mental Health wards). Glasgow City HSCP also has a specialist Care Home Liaison Psychology Service. Working across the NHS GG&C area, our OPTIMAL team provides additional psychological capacity for assessments and therapeutic work within OP-CMHTs. The OPTIMAL team also works with other stakeholders (e.g. older people in our communities or staff working in GP practices) to improve access to and uptake of psychological therapy by older people.

Learning Disability Services

Learning Disability Services consist of 8 integrated community learning disability teams plus 2 inpatient units across NHS GG&C. LD experience can also be gained from placements within LD-CAMHS and Forensic LD Services with the ability to tap into other services to ensure a wide range of experience. All community teams work closely with social work and therefore provide excellent opportunities for multi-disciplinary working. The service operates using a systemic model with opportunities for both direct and indirect working with service users, carers, staff and families. There are plenty opportunities to gain experience in Positive Behaviour Support alongside the usual direct therapeutic approaches such as CBT.

Occupational Health Psychology and Wellbeing Service

NHS Greater Glasgow and Clyde has a thriving Occupational Health psychology and wellbeing service. This is a psychological therapies skill mix service providing 1:1, group and team interventions from a number of therapeutic modalities and with the full range of complexity, for staff across the health board. There are opportunities for trainees within all aspect of the clinical service and also to develop leadership skills within this fast paced, dynamic service.

Training Pathways

Trainee placements will be allocated in accordance with programme requirements; the workforce needs of NHS departments and in consultation with trainees. Trainees will complete the majority of placements within NHS Greater Glasgow & Clyde Services (we have links with other boards such as nearby NHS Golden Jubilee for example). We have trainee places where the training pathway will be nationally aligned to particular services including Children and Young People's Specialist Services, Forensics Services and Older People's Services. NHS GG&C also offer local alignments in specialist areas of working, including Adult Mental Health, Clinical Health, regional Neuropsychology services, Learning Disability services, and the Occupational Health Psychology service. Successful candidates will be offered either a nationally or locally aligned training place (although there may be a small number places which are not necessarily aligned).

Training will follow all core elements of the training as per BPS and HCPC guidance requirements to qualify as clinical psychologists. There are good research and development links and opportunity to gain a variety of experiences whilst on placement.

More information

If you would like to discuss psychology services and/or clinical training in NHS Greater Glasgow & Clyde in more detail, please contact the local area tutors by emailing ggc.lat@nhs.scot